

SD308 | FRIDAY UPDATE

April 17, 2020

SD 308 Family! We Got This!

Each Friday we will provide you with a quick list of important announcements, personnel information, awards, and shout outs! **Please submit** content for Friday Updates to: communications@sd308.org.....thank you!

Pass It On!Has Gone VIRTUAL!

Perhaps during this unprecedented time in education, there is no better opportunity to express a note of gratitude, a shout out, or a thank you to a SD 308 staff member. Our staff members have sent out over 1450 notes to each other this year! Let's keep this going. To send a Pass It On! to a peer..... visit www.sd308.org/PassItOn. These messages will now be sent directly to an individual's email on a weekly basis.

#LightsForTheFight

SD 308 is joining many other area schools to show support to those on the frontlines during the quarantine. As we remain sheltered in place, many people continue to work, risking their lives on behalf of others. In a show of unified support for our medical personnel, first responders and essential workers, our high schools will join in Lights for the Fight by illuminating their stadium lights from 8-8:20pm on Friday nights in honor of those brave heroes among us. Light is synonymous with hope and optimism. Lighthouses guided ships to ports long before there was GPS. Friday night lights in our stadiums are amazing experiences for our school communities, and while we cannot be together in person, we can be united in our hope! **#LightsForTheFight**

Fill Out the 2020 Census Today

The results of the 2020 Census will help determine how hundreds of billions of dollars in federal funding flow into communities every year for the next decade. That funding shapes many different aspects of every community, no matter the size, no matter the location. Completing the census safely online, by phone, or by mail means census takers do not have to come in person to your residence. Illinois is doing well, however, 48 percent of Illinoisans still need to respond. Census responses are required! To fill out the 2020 Census, please [click here](#).

Murphy Junior High School Principal

Our Board of Education has approved [Laura Bingham as the principal of Murphy Junior High School](#) at its April 6, 2020 board meeting. Congratulations Laura!

Fox Chase Elementary School Principal

Starting July 1, Patrick Haddock, the current Principal at Hunt Club Elementary, will go to Fox Chase as the Building Principal. Patrick started his career in SD308 seven years ago as the Assistant Principal at Fox Chase. Welcome back, Patrick! Congratulations to current Fox Chase Principal Janet Demont on her retirement!

Bednarcik - Student Driven Biodiversity Project grant with the OurEcho Challenge

Two students from Bednarcik Junior High School who are studying biodiversity issues in our community are looking for your help. The EarthEcho Foundation OurEcho Challenge offers up to \$10,000 in grant money. The students are conducting a survey regarding flooding issues in our community due to habitat change. Please fill out the survey located [here](#). Thank you so much!

BCBC Offering 3-month Reduced Membership Rate: Virtual Workout Programs

BCBS of IL is currently offering a reduced 3-month membership rate to their Well on Target Fitness and virtual BurnAlong workout and programs. The 3-month reduced Well onTarget rate of \$15/month, comes along with a 3-month BurnAlong subscription, which includes 1,500+ videos across 45+ categories, from cardio to mindfulness to stress management. In addition, many gyms are offering live online classes, which you can access through your Well onTarget benefit. **To claim this offer, cancel or temporarily freeze an account, members should call 1-888-762-2583 between 8 a.m. and 5p.m. CT.**

Those Who Excel/Teacher of the Year

The Illinois State Board of Education (ISBE) annually recognizes those who have made outstanding contributions to public and nonpublic elementary and secondary education through its Those Who Excel program/Teacher of the Year Program. This year, ISBE has divided it into two distinct nominating/recognition platforms:

- 1) Those Who Excel, which will recognize five (5) categories: Administrator, Team, Community Volunteer, Student Support Personnel, and Educational Service Personnel; and
- 2) Teacher of the Year (5+)/Outstanding Early Educators.

At this time, please nominate individual(s) deserving to be recognized from SD 308 by clicking on the following links: Those Who Excel: <https://forms.gle/BmseAHXRk4cBuQZFA>
Teacher/Outstanding Early Educators: <https://forms.gle/yaYYm4FWEsTgw5aC8>
Please fill out a new form for each nomination that you submit. Nomination period will close on April 30th.

Physical and Mental Well-Being While Working from Home

Uncertain times can come with anxiety, stress, and poor self-care habits. *Naturally Slim* developed a collection of resources through a toolkit that will help protect your mental and physical health during the COVID-19 outbreak. The toolkit will continue to evolve over the coming weeks, with resources offered in a variety of formats on topics like: stress and anxiety management, healthy sleep habits, staying physically active without access to a gym, creating structure while working from home, timely media articles that are in alignment with Naturally Slim's whole-health philosophy, and more! To access the toolkit, please go to: <http://go.naturallyslim.com/now-is-the-time>

Take Advantage of Newly Eligible Over-the-Counter Health Products

As a part of the Coronavirus Aid, Relief, and Economic Security (CARES) Act passed into federal law on March 27th, 2020, many new health care products are now eligible for purchase with FSA funds. Over-the-counter drugs (antihistamines, antacids, cold medications, etc.) no longer require a prescription to be purchased with FSA dollars, and Feminine/menstrual care products are now medically eligible products.

If you purchased these items after January 1st, 2020 and have kept your receipts, you can file a claim for reimbursement from your spending account. Most stores and online retail outlets will be updating their inventory and point-of-sale systems to reflect these new changes on or before the end of May, 2020, which will allow you to use your Navia Benefits Card to purchase these items on an ongoing basis. Your Navia card may be declined if you attempt to use it to purchase OTC products during the period where retail stores are updating their systems.

Coronavirus Information

At this time, the best prevention is still to continue to use every day, common sense actions to reduce the spread of viruses, such as proper handwashing, and staying home when you're sick. Please visit the [SD 308 webpage](#) with numerous links to local, state and federal health authority sites that contain realtime information on the virus, recommendations, and prevalence.

Google's Teach From Home Resource Page

A [temporary page for educators](#) was set up by Google to provide easy instructions, idea sharing and help for teachers amid the COVID-19 crisis.

Remote Learning Resource Page

There is a page on the district site: www.sd308.org/remoteteaching that has links and videos to help guide everyone through remote learning.

We Are Teachers Resources

Many educational resources online are free at this time. [We Are Teachers](#) has compiled a list of nearly 200 sources, along with a description of each resource and offer.

Retirement and 25-Years in SD 308 - RESCHEDULED TO May 21, 2020

The Retirement and 25-Year Retirement Celebration Dinner has been rescheduled to Thursday, May 21st, at White Eagle Golf Club, Naperville, Illinois. If you have already RSVP'd and paid, please note that your check will not be cashed at this time. If you would still like to attend the event, the deadline to RSVP is now extended to April 30th. In the event the May 21st date will need to be cancelled, checks will be either destroyed or returned as requested.

Retirees: Jodi Ancel-District Administration Center, Cathleen Anderson-Prairie Point Elementary School, Vickie Baier-Oswego High School, Suzan Brostowitz-Wolf's Crossing Elementary School, Jesse Burgess-Transportation Department, Debra Carter-Churchill Elementary School, Madeleine Dermott-Wolf's Crossing Elementary School, Dimitrios Dravillas-The Wheatland's Elementary School, Donna Fangman-Thompson Junior High School, Laurene Gatlin-Oswego High School, Bethany Heimsoth-Wolf's Crossing Elementary School, Sandra Iverson-Old Post Elementary School, Julie Kreitzer-Fox Chase Elementary School, Linda Kulovitz-Prairie Point Elementary School, Karen Lansky-District Administration Center, Ana Lepe-Oswego East High School, Dinah Meyers-Long Beach Elementary School, Alfredo Palomo-Maintenance Department, Jennifer Volpe-District Administration Center, Susan Warren-Prairie Point Elementary School, Michael Wayne-Oswego High School. **Celebrating 25 Years with SD 308:** Collette Campasano-Murphy Junior High School, Lisa Devol-Southbury Elementary School, Robert Lawrence-Maintenance Department, Michelle Monti-Southbury Elementary School, James Nichols Fox Chase Elementary School, Jennifer Pergler-Southbury Elementary School, Christine Smith-Traughber Junior High School, Laura Waibel-Oswego East High School, Wendi Whowell-Traughber Junior High School, Todd Winders-Maintenance Department. For flyer, please [click here](#).

As a reminder - All Friday Updates can be found on the Intranet under the Communications Tab

"Obstacles don't have to stop you. If you run into a wall, don't turn around and give up. Figure out how to climb it, go through it, or work around it."

— Michael Jordan