## **Badminton**



# Study Guide

### The badminton court

Left service court	Service line	Net	Right service court
Right service court			Left service court

#### Rules

- ~ A doubles game is played to 21 points. You must win the game by 2 points.
- ~ There is rally scoring in badminton. The team that wins the rally earns a point. (Your team does not have to be serving to score.)
- ~ When the score is even, you serve from the right service court. When the score is odd you serve from the left service court. Therefore, when your team is serving, you alternate service courts after each point scored.
- ~ When serving, you must stand behind the service line and in the appropriate service court according to your score.
- ~ Announce the score before you serve.
- ~ One partner serves until your team loses the rally on his serve. The birdie then goes to the other team. When the birdie comes back to your side, the other partner serves.
- ~ All serves must be underhand or backhand. NO overhand serves.
- ~ All serves must be diagonal and land BEHIND the service line in the correct service court. Right service court to right service court. Left to left.
- ~ Birdies landing on the line are considered in and should be played.
- ~ You may not reach over the net to hit the birdie.
- ~ There is only 1 hit allowed on a side.
- ~ A fault occurs if during play, any player's body, clothing, or racket touches the net or supports.
- ~ If the birdie touches the net on its way over the net, it is still good and in play.

#### **Important terms**

~ Fault An infraction of the rules.

~ Game point The point that causes the serving team to win the

game. Example: 14 serving 10.

~ Forehand Any hit made on the racket side of the body.

~ Backhand Any hit made on the side of the body opposite the

racket. Example: If you are right handed and you have to reach across your body to hit the birdie on

your left side.

~ Rally Hitting the birdie back and forth over the net

continuously.

~ Clear A high, deep shot that travels to the back of the

opponents court.

~ Underhand A shot that is hit upward when the birdie is below

shoulder level.

~ Smash The kill shot in badminton. An overhead stroke hit

downward with force.

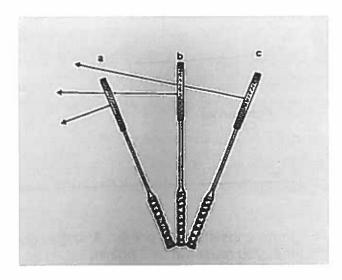
~ Drive A hard, horizontal hit placed just over the top of the

net. (A line drive shot)

~ Drop shot A shot that barely clears the net and falls to the

opponent's front court close to the net.

#### Racket Positions



- A. Closed face smash
- B. Square face drive and drop shot
- C. Open face clear